

YOUTH EXCHANGE

24 - 30 01 2026

SOTO EN CAMEROS, LA RIOJA (SPAIN)

# BE P-ART

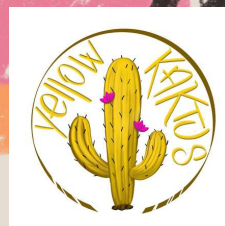
PEACE • ACTION • RESPECT • TOLERANCE



## INFO PACK



Co-funded by  
the European Union



# ABOUT THE PROJECT

Be P-ART is a Youth Exchange that uses art as a tool for peace, dialogue and mutual understanding. In a world still marked by conflicts, discrimination and division, the project aims to help young people reflect on the real causes of wars and promote tolerance through creativity.

Participants from Armenia, Romania, Croatia, Portugal, Türkiye and Spain will explore creative writing, visual arts and music, learning from powerful artistic references that have portrayed war, injustice and hope. Through workshops, reflection and collaboration, they will create their own artistic messages promoting unity, empathy and peace. The project also strengthens skills such as intercultural communication, critical thinking, cooperation and English language practice, while offering artistic tools youth workers can apply in their local communities.

Be P-ART encourages young people to use creativity as a universal language — one capable of inspiring understanding where words alone are not enough.



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# PARTICIPANTS PROFILE



**18-30 Y.O.**



**PEOPLE WITH ARTISTIC  
INTERESTS AND SKILLS**



**PEOPLE WHO LOVE VERY RURAL  
AREAS AND ENVIRONMENTS**



**PEOPLE INTERESTED IN  
NON FORMAL EDUCATION**



**OPEN-MINDED PEOPLE WITHOUT  
PREJUDICES**



**PROACTIVE - WORKER- ACTIVE  
CITIZENS**



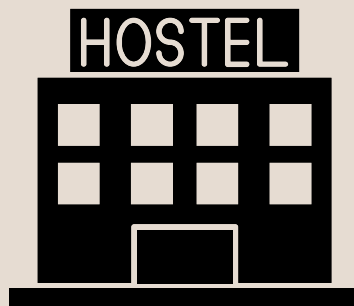
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# ALL EXPENSES COVERED



TRAVELLING



ACCOMODATION



FOOD

## TRAVELLING BUDGET



PORTUGAL - 200 €



ARMENIA - 360 €



CROATIA - 300 €



ROMANIA - 300 €



TÜRKIYE - 320 €



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# ARRIVAL INFORMATION



**PLACE OF VENUE:**

**SOTO EN CAMEROS  
( LA RIOJA, SPAIN)**

**-THERE ARE NOT PUBLIC  
TRANSPORTATION  
CONNECTIONS-**

**A BUS WILL BE HIRED TO BRING ALL THE PARTICIPANTS TOGETHER FROM LOGROÑO TO THE YOUTH HOSTEL AND FROM THE YOUTH HOSTEL TO LOGROÑO**

## ARRIVAL DETAILS

**THE BUS TO THE HOSTEL WILL  
LEAVE FROM LOGROÑO AT 19:00  
SO PLEASE BE SURE YOUR FLIGHTS  
AND CONNECTIONS ALLOW YOU  
TO HAVE TIME TO BE IN LOGROÑO  
ON TIME**

## DEPARTURE DETAILS

**THE BUS TO LOGROÑO WILL LEAVE  
FROM THE HOSTEL AT 07:00 SO  
PLEASE BE SURE YOUR FLIGHTS  
AND CONNECTIONS ALLOW YOU  
TO BE ON TIME**

**WE WILL COORDINATE THE ARRIVAL VIA WHATSAPP, A GROUP WILL  
BE CREATED 7 DAYS BEFORE THE PROJECT LAUNCH**



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the European Union**



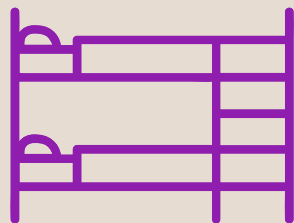


# ACCOMODATION



## YOUTH HOSTEL " LAS HUELLAS"

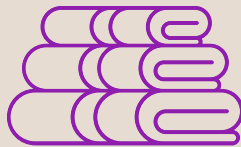
C. San José, 15, 26132 Soto en Cameros, La Rioja.



SHARED ROOMS



HOT WATER  
RUNNING 24 H



BRING YOUR  
OWN TOWEL



WI-FI



Co-funded by  
the European Union



# CONTACTS



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**EUROPEAN OPORTUNITIES FOR YOUTH**

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**INSTITUT ZA POTICANJE MLADIH**

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## IMPORTANT THINGS

**SHOWER TOWEL AND SHAMPOO**

**INGREDIENTS FOR INTERCULTURAL NIGHT**

**OLD CLOTHES TO GET DIRTY**

**EAR PLUGS (IF YOU CANNOT SLEEP WITH NOISE)**

**NATIONAL FLAG OF YOUR COUNTRY**



WE WILL COOK AND IN THE VILLAGE THERE IS NO SUPERMARKET, YOU WON'T FIND SPECIFIC INGREDIENTS AND SPECIES



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